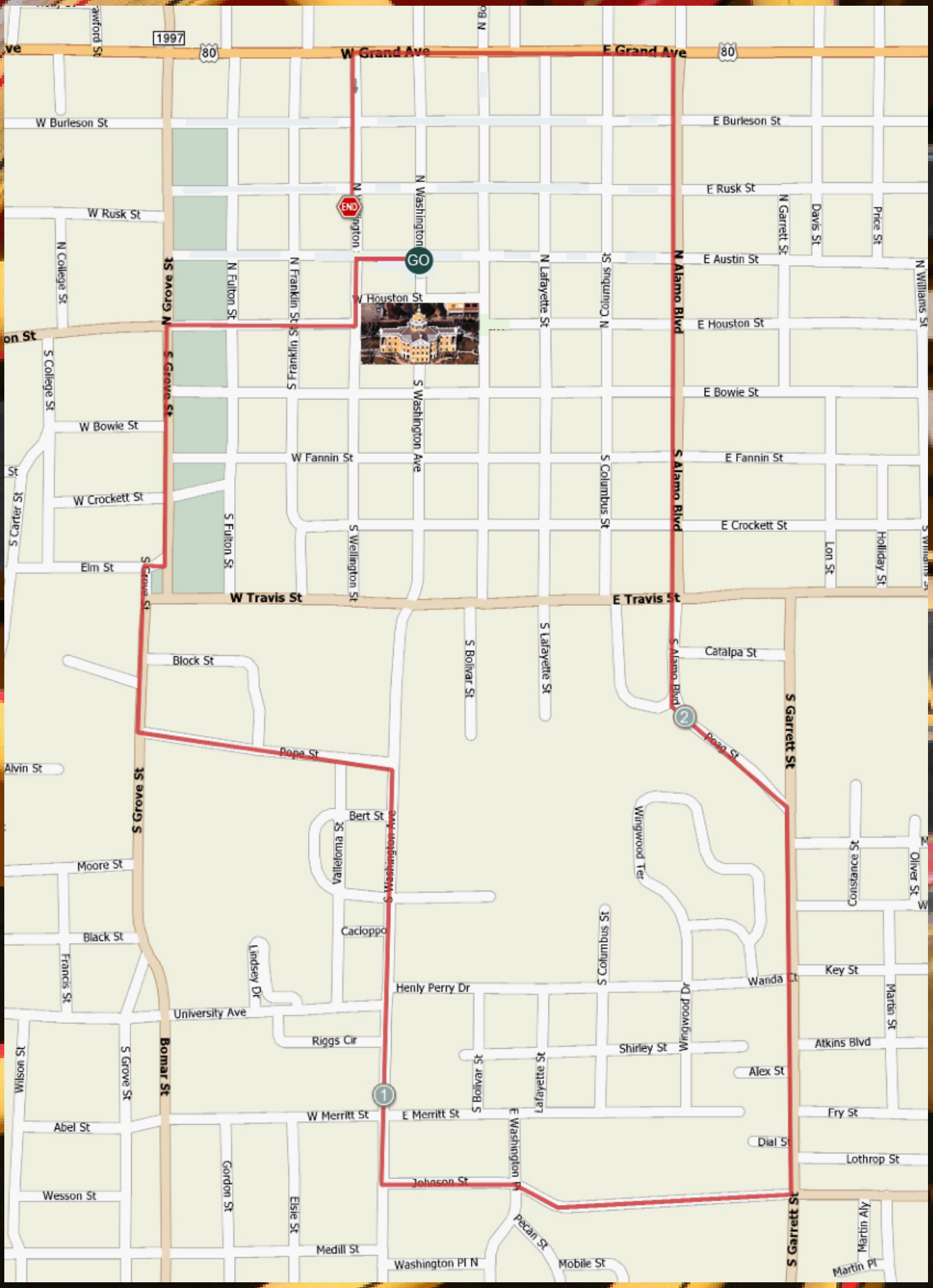2009 Stagecoach Days 5K Run